

MASTER
CLIVE HARRISON'S



FAMILY
TAE KWON-DO

예의 염치 인내 극기 백절불굴

Courtesy Integrity Perseverance Self Control Indomitable Spirit



6th Kup Theory

Won-Hyo Tul 28 Moves

Won-Hyo was the noted monk who introduced Buddhism to the Silla dynasty in the year 686 AD.

Blue Belt Signifies the heaven towards which a plant matures into a towering tree as Tae Kwon Do training progresses.

Kick

Knee Kick Moorup Chagi

Blocks

X Fist Pressing Block	Kyocho Joomuk Noollo Makgi
Upward Palm Block	Ollyo Sonbadak Makgi
Waist Block	Hori Makgi
Palm Pushing Block	Sonbadak Miro Makgi

Hand Techniques

Side Punch	Yop Jirugi
Twin Vertical Punch	Sang Sewo Jirugi

Stances

Fixed Stance	Gojung Sogi
Closed Ready Stance A	Moa Chunbi Sogi A
Bending Ready Stance A	Guburyo Chunbi Sogi A

Two Step Sparring

Ebo Matsoki