



예의    염치    인내    극기    백절불굴  
Courtesy    Integrity    Perseverance    Self Control    Indomitable Spirit



### 3<sup>rd</sup> Kup Theory

#### **Toi-Gye Tul 37 Moves**

Toi Gye is the pen name of the noted scholar Yi Hwang (16<sup>th</sup> Century), an authority on Neo-Confucianism. The 37 movements of this pattern refer to his birthplace on the 37<sup>th</sup> degree latitude and the diagram represents the scholar.

#### **Kicks**

Reverse Turning Kick                      Bandae Dollyo Chagi

#### **Blocks**

W Shape Block                              San Makgi

#### **Hand Techniques**

Upset Fingertip Thrust                      Dwijibun Sonkut Tulgi

#### **Additional Techniques**

Grasp    Japgi