

MASTER  
CLIVE HARRISON'S



FAMILY  
TAE KWON-DO

예의    염치    인내    극기    백절불굴

Courtesy    Integrity    Perseverance    Self Control    Indomitable Spirit



## 2<sup>nd</sup> Kup Theory

### **Hwa-Rang Tul 29 moves**

Hwa Rang is named after the Hwa Rang youth group which originated in the Silla Dynasty 7<sup>th</sup> Century. This group eventually became the driving force for the unification of the 3 kingdoms of Korea. The 29 movements in this pattern refer to the 29<sup>th</sup> infantry division, where Tae Kwon Do developed into maturity.

**Black Belt**      Is the opposite of White, therefore signifying the students maturity and proficiency in Tae Kwon Do. It also indicates the wearer's imperviousness to darkness and fear.

### **Kicks**

Vertical Kick	Sewo Chagi
Twisting Kick	Bituro Chagi

### **Hand Techniques**

Downward Knife Hand Strike	Naeryo Sonkal Taerigi
Side Elbow Thrust	Yop Palkup Tulgi

### **Stances**

Vertical Stance	Soojik Sogi
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